

Esoable L Capsule

Here is the information for Indomethacin (75mg) Capsule:

Information for the Use

Indomethacin (75mg) Capsule

Composition:

Each capsule contains:

- **Indomethacin: 75 mg**

Indications:

Indomethacin is a nonsteroidal anti-inflammatory drug (NSAID) used to relieve inflammation, pain, and swelling in various conditions. It is commonly prescribed for the following conditions:

- **Rheumatoid Arthritis:** For the management of symptoms such as pain, stiffness, and swelling in rheumatoid arthritis.
- **Osteoarthritis:** To reduce pain and inflammation associated with osteoarthritis.
- **Ankylosing Spondylitis:** Used to reduce pain, inflammation, and stiffness in the spine.
- **Gout:** For the treatment of acute gout attacks, reducing inflammation and pain.
- **Acute Pain:** For the treatment of moderate pain following surgery or injury.
- **Other Inflammatory Conditions:** May be prescribed for other inflammatory disorders as advised by a healthcare provider.

Mechanism of Action:

Indomethacin works by inhibiting the enzyme

cyclooxygenase (COX), which is involved in the production of prostaglandins. Prostaglandins are chemicals in the body that promote inflammation, pain, and fever.

Dosage and Administration:

- **Adults:**
 - The usual starting dose is 75 mg per day, which can be taken as a single dose or divided into 2 or 3 doses depending on the doctor's recommendation.
 - The dose may be adjusted based on the severity of the condition, with a typical range of 50 mg to 200 mg per day.
 - In certain cases, the doctor may prescribe a higher dose to control symptoms.
- **Children:** The use of Indomethacin in children is generally not recommended without a doctor's supervision, as the dosage varies according to the child's age, weight, and medical condition.

Administration:

- **Swallow the capsule whole with a glass of water.**
- **Indomethacin should be taken with food to minimize stomach irritation.**
- **Do not chew or crush the capsule, as it is designed to be absorbed in the body gradually.**

Contraindications:

- **Allergy to NSAIDs:** Do not use if you are allergic to Indomethacin or other NSAIDs (e.g., ibuprofen, aspirin).
- **Active Peptic Ulcer:** Not recommended for individuals with active stomach ulcers or gastrointestinal bleeding.

- **Severe Liver or Kidney Disease:** Indomethacin should be avoided or used with caution in individuals with significant liver or kidney impairment.

Precautions:

- **Gastrointestinal Risk:** NSAIDs like Indomethacin can cause stomach ulcers, bleeding, or perforation, especially when used for extended periods. Use with caution in individuals with a history of gastrointestinal issues (e.g., ulcers, colitis).
- **Kidney Function:** Indomethacin can affect kidney function. Patients with kidney disease should be monitored for kidney function during treatment.
- **Pregnancy and Breastfeeding:** Indomethacin should be avoided during the third trimester of pregnancy as it may harm the fetus. Consult a healthcare provider before using it during pregnancy or breastfeeding.

Possible Side Effects:

Common side effects include:

- Stomach pain, nausea, or indigestion
- Headache or dizziness
- Constipation or diarrhea
- Swelling or fluid retention (edema)
- Rashes or itching

Serious side effects (seek immediate medical attention):

- **Gastrointestinal bleeding or ulcers:** Symptoms include black, tarry stools, blood in vomit, or severe stomach pain.
- **Cardiovascular issues:** Chest pain, shortness of breath, sudden numbness or weakness in one side of the body.
- **Severe allergic reactions:** Difficulty breathing, swelling of the face, lips, tongue, or throat.
- **Liver or kidney problems:** Yellowing of the skin or eyes, dark urine, or reduced urine output.

Drug Interactions:

- **Anticoagulants (e.g., Warfarin):** Indomethacin may increase the risk of bleeding when taken with blood thinners.
- **Other NSAIDs:** Using multiple NSAIDs (e.g., ibuprofen, naproxen) simultaneously may increase the risk of gastrointestinal bleeding or kidney damage.
- **Diuretics and ACE inhibitors:** Indomethacin may reduce the effectiveness of diuretics (water pills) and ACE inhibitors, leading to increased blood pressure or fluid retention.

Storage:

- Store the capsules in a cool, dry place, away from direct light.
- The recommended storage temperature is 15°C to 30°C.
- Keep out of the reach of children.

Note: Always follow your doctor's instructions regarding the dosage and duration of treatment. Do not exceed the recommended dose, as overuse may increase the risk of serious side effects, including gastrointestinal bleeding, kidney, and heart problems. If you experience any severe side effects or signs of an allergic reaction, seek medical attention immediately.

Manufactured in India for:

CafoliTM
L I F E C A R E

Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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